Long Treks	2019	2020
Nepal, Everest Base Camp Trek	7 - 24 March*	12 - 29 March
	*£100 off reg fee with code EBC100 14 November - 1 December	12 - 29 November
Option A - Minimum Sponsorship	14 November - 1 December £449 + £3,750 + £250 airport tax	£399 + £3,950 + £250
Option B - Self Funding	£449 + £1,875 + £250 airport tax	£399 + £1,975 + £250
Tanzania, Kilimanjaro Trek	20 June - 30 June	18 - 28 June
•	FULLY BOOKED <del>19 - 29 September</del>	17 - 27 September
	FULLY BOOKED 26 September - 6 October	
Oution A. Minimovino Channes inhin	*NEW DATE* 27 September - 7 October	C200   C4 200   C250 = imp = # base
Option A - Minimum Sponsorship	£475 + £4,150 + £250 airport tax	£399 + £4,360 + £250 airport tax
Option B - Self Funding	£475 + £2,075 + £250 airport tax	£399 + £2,180 + £250 airport tax
China, Great Wall Trek	11 - 19 May* *£100 off reg fee with code CHINA100	9 - 17 May
	7 - 15 September	12 - 20 September
	FULLY BOOKED 4-12 October	10 - 18 October
	*NEW DATE* 11 - 19 October	10 10 00:00001
	FULLY BOOKED 18 - 26 October	
	FULLY BOOKED 19 - 27 October	
Option A - Minimum Sponsorship	£299 + £2,700 + £250 airport tax	£299 + £2,750 + £250 airport tax
Option B - Self Funding	£299 + £1,350 + £250 airport tax	£299 + £1,375 + £250 airport tax
USA, Trek The Canyons	14 - 21 September	9 - 16 May
•	'	12 - 19 September
Option A - Minimum Sponsorship	£449 + £3,750 + £250 airport tax	£449 + £3,850 + £250 airport tax
Option B - Self Funding	£449 + £1,875 + £250 airport tax	£449 + £1,925 + £250 airport tax
Peru, Inca Trail Trek	FULLY BOOKED-17 - 26 May	15 - 24 May
	FULLY BOOKED 2 - 11 August	31 July - 9 August
	FULLY BOOKED 8 - 17 November	6 - 15 November
	*NEW DATE* 15 – 24 November	
Option A - Minimum Sponsorship	£299 + £200 trek permit + £3,400 + £250	£299 + £200 trek permit + £3,450 + £250
	airport tax	airport tax
Option B - Self Funding	£299 + £200 trek permit + £1,700 + £250	£299 + £200 trek permit + £1,725 + £250
Nepal, Himalaya Trek	airport tax 19 - 28 April	airport tax 17 - 26 April
Option A - Minimum Sponsorship	£399 + £2,950 + £250 airport tax	£399 + £2,950 + £250 airport tax
Option B - Self Funding	£399 + £1,475 + £250 airport tax	£399 + £1,475 + £250 airport tax
·	16 - 26 May*	2000 * 21,410 * 2200 aii port tax
India, Dalai Lama Trek	*£100 off reg fee with code DALAI100	14 - 24 May
	24 October - 3 November	22 October - 1 November
Option A - Minimum Sponsorship	£349 + £2,800 + £250 airport tax	£349 + £2,840 + £250 airport tax
Option B - Self Funding	£349 + £1,400 + £250 airport tax	£349 + £1,420 + £250 airport tax
Cambodia, Trek to Angkor Wat	FULLY BOOKED-9 - 17 November	7 - 15 November
Option A - Minimum Sponsorship	£325 + £3,000 + £250 airport tax	£299 + £3,000 + £250 airport tax
Option B - Self Funding	£325 + £1,500 + £250 airport tax	£299 + £1,500 + £250 airport tax
Short Treks	2019	2020
Iceland, Remote Highlands Trek	24 - 28 July	22 - 26 July
Option A - Minimum Sponsorship	£299 + £3,100	£349 + £3,150
Option B - Self Funding	£299 + £1,550	£349 + £1,575
	14 - 19 March*	
Morocco, Sahara Desert Trek	*£50 off reg fee with code SAHARA50	12 - 17 March
	31 October - 5 November	5 - 10 November
	<b>*NEW DATE*</b> 7 – 12 November	
Option A - Minimum Sponsorship	£175 + £1,800	£175 + £1,800
Option B - Self Funding	£175 + £900	£175 + £900
Morocco, Mt Toubkal Trek	7 - 11 August	5 - 9 August
Option A - Minimum Sponsorship	£150 + £1,540	£150 + £1,680
Option B - Self Funding	£150 + £770	£150 + £840



Alps, Mont Blanc Trek	19 - 23 J	
	4 - 8 Septem	·
Option A - Minimum Sponsorship	£199 + £2	
Option B - Self Funding	£199 + £1	.025 £199 + £1,050
UK Treks	20	19 2020
UK, 3 Peaks Challenge	FULLY BOOKED <del>21 - 23 J</del>	<del>une</del> 19 - 21 June
	*NEW DATE* 9 – 11 Auş	gust 4 - 6 September
	FULLY BOOKED 30 August - 1 Septem	<del>rber</del>
	FULLY BOOKED 13 - 15 Septem	<del>lber</del>
Option A - Minimum Sponsorship	£75 + £	
Option B - Self Funding	£75 + £	£75 + £380
UK, Yorkshire 3 Peaks Challenge - NEW for	14 - 16 J	une 31 July - 2 August
2019!	11 100	or out of the same
Two Nights		
One Night		
Day Only		
Option A - Minimum Sponsorship	Two Nights One Night Day Only	Two Nights One Night Day Only
The state of	£75 + £510 £50 + £360 £25 + £200	
Option B - Self Funding	Two Nights One Night Day Only	Two Nights One Night Day Only
<u> </u>	£75 + £255 £50 + £180 £25 + £100	
UK, Hadrian's Wall Trek	28 - 30 J	
	13 - 15 Septem	·
Option A - Minimum Sponsorship	£75+£	
Option B - Self Funding	£75+£	
UK, Ben Nevis Trek	21 - 23 J	
Oution A. Minimum Community	27 - 29 Septem	·
Option A - Minimum Sponsorship	£95 + £	
Option B - Self Funding  UK, 24 Peaks Challenge	£95 + £	
Option A - Minimum Sponsorship	20 - 22 Septen £95 + £	
Option B - Self Funding	£95 + £	
UK, Lakes 4 Peaks	14 - 16 J	
Option A - Minimum Sponsorship	£95 + £	
Option B - Self Funding	£95 + £	
UK, Snowdon Trek	21 - 22 Septem	
Option A - Minimum Sponsorship	£75+£	·
Option B - Self Funding	£75 + £	
UK, Snowdon at Night Trek - NEW for 2019!	3 - 4 Au <sub>l</sub>	gust 8 - 9 August
Option A - Minimum Sponsorship	£49 + £	£49 + £280
Option B - Self Funding	£49 + £	£49 + £140
TrekFest - The Beacons	06	July
*Early Bird Price Break 3*	25KM 50	OKM .
Option A - Minimum Sponsorship	£60 + £180 £70 + £	330
Option B - Self Funding	£60 + £55 £70 + £	100
Option C - Discounted Full Payment	£105 £	
TrekFest - The Peaks	31 Au <sub>i</sub>	gust
*Early Bird Price Break 2*	25KM 50	КМ
Option A - Minimum Sponsorship	£55 + £180 £65 + £	
Option B - Self Funding	£55 + £55    £65 + £	100
Option C - Discounted Full Payment	£100 £	155



Long Cycl es	2019	2020
Burma, Cycle Burma - Road to Mandalay	12 - 20 October	10 - 18 October
Option A - Minimum Sponsorship	£299 + £3,650 + £250 airport tax	£349 + £3,600 + £250 airport tax
Option B - Self Funding	£299 + £1,825 + £250 airport tax	£349 + £1,800 + £250 airport tax
Cycle Madagascar	27 September - 6 October	25 September - 4 October
Option A - Minimum Sponsorship	£399 + £3,800 + £250 airport tax	£399 + £3,850 + £250 airport tax
Option B - Self Funding	£399 + £1,900 + £250 airport tax	£399 + £1,925 + £250 airport tax
London to Geneva Cycle	*TDF Date 24 July - 2 August	2000 22,020 2200 411 5070 647
Option A - Minimum Sponsorship	£199 + £3,320	
Option B - Self Funding	£199 + £1,660	
	2 - 12 March*	
Vietnam to Cambodia Cycle	*£100 off reg fee with code V2C100	7 - 17 March
	FULLY BOOKED 2 - 12 November	14 - 24 November
	*NEW DATE* 9 – 19 November	
	FULLY BOOKED 16 - 26 November	
Option A - Minimum Sponsorship	£399 + £3,100 + £250 airport tax	£399 + £3,150 + £250 airport tax
Option B - Self Funding	£399 + £1,550 + £250 airport tax	£399 + £1,575 + £250 airport tax
India Cycle	15 - 24 November	13 - 22 November
Option A - Minimum Sponsorship	£349 + £3,430 + £250	£349 + £3,480 + £250 airport tax
Option B - Self Funding	£349 + £1,715 + £250	£349 + £1,740 + £250 airport tax
Costa Rica Coast to Coast Cycle	1 - 10 November	6 - 15 November
Option A - Minimum Sponsorship	£399 + £3,450 + £250 airport tax	£399 + £3,450 + £250 airport tax
Option B - Self Funding	£399 + £1,725 + £250 airport tax	£399 + £1,725 + £250 airport tax
USA, Cycle California		
(Yosemite to San Francisco)	21 - 29 September	
Option A - Minimum Sponsorship	£475 + £4,600 + £250 airport tax	
Option B - Self Funding	£475 + £2,300 + £250 airport tax	
Cycle Africa		
(Kilimanjaro to Ngorongoro Crater Cycle)	12 - 20 October	3 - 11 October
Option A - Minimum Sponsorship	£399 + £3,800 + £250 airport tax	£349 + £3,930 + £250 airport tax
Option B - Self Funding	£399 + £1,900 + £250 airport tax	£349 + £1,965 + £250 airport tax
India, Unite and Bike Against Cancer -		
Kerala - NEW for 2020!		25 September - 4 October
Option A - Minimum Sponsorship		£299 + £3,200 + £250 airport tax
Option B - Self Funding		£299 + £1,600 + £250 airport tax
Cuba Cycle	19 - 27 October	17 - 25 October
Option A - Minimum Sponsorship	£399 + £3,900 + £250 airport tax	£399 + £3,900 + £250 airport tax
Option B - Self Funding	£399 + £1,950 + £250 airport tax	£399 + £1,950 + £250 airport tax
Short Cycles	2019	2020
London to Paris Bike Ride	5 - 9 June	3 - 7 June
	Tour de France 24 - 28 July*	12 - 16 August
	14 - 18 August	9 - 13 September
	11 - 15 September	·
Option A - Minimum Sponsorship	£125 + £1,600	£125 + £1,600
Option B - Self Funding	£125 + £800	£125 + £800
London, Amsterdam & Brussels,	4 - 8 September	2 - 6 September
Euro City Cycle		·
Option A - Minimum Sponsorship	£125 + £1,600	£125 + £1,600
Option B - Self Funding	£125 + £800	£125 + £800
Italy, France & Monaco,		
Milan to Monaco Cycle	2 - 6 October	30 September - 4 October
Option A - Minimum Sponsorship	£125 + £1,780	£125 + £1,800
Option B - Self Funding	£125 + £890	£125 + £900
Paris to Geneva Cycle	*TDF date 28 July - 2 August	
Option A - Minimum Sponsorship TDF date	£149 + £2,000	
Option B - Self Funding TDF Date	£149 + £1,000	



UK Cycl es	2019	2020
Wales End to End Cycle	15 - 18 August	13 - 16 August
Option A - Minimum Sponsorship	£125 + £1,050	£125 + £1,050
Option B - Self Funding	£125 + £525	£125 + £525
UK, Land's End to John O'Groats Cycle	27 August - 8 September <b>*£75 off reg fee with code LEJOG75</b>	75 August - 6 Santamhar
Option A - Minimum Sponsorship	£349 + £2,850	£349 + £2,850
Option B - Self Funding	£349 + £1425	£349 + £1,425

Something Different	2019	2020
Lapland, The Husky Trail Dog Sled	FULLY BOOKED 22 - 29 March	28 March - 4 April
	30 March - 6 April*	
	7 - 14 April*	
	*£100 off reg fee with code LAPLAND100	
Option A - Minimum Sponsorship	£449 + £4,000 + £100 airport tax	£399 + £4,150 + £100 airport tax
Option B - Self Funding	£449 + £2,000 + £100 airport tax	£399 + £2,075 + £100 airport tax

### **Payment Options Explained**

#### Payment Option A - Raising the Minimum Sponsorship

You pay the non-refundable Registration Fee to Global Adventure Challenges. This is used to administer the challenge, and to secure airline seats and relevant permits. You then commit to raising the minimum sponsorship and send it to your chosen charity as you raise it - 80% of the minimum sponsorship MUST be received by the charity no later than 11 weeks before departure. Failure to do so may mean non-participation in the challenge. Your chosen charity will decide when the remaining 20% should be received - this is a normally a couple of weeks after your return to the UK - proof of pledges may be required. The Challenge Costs will be paid for you by your charity out of the sponsorship raised. Do try and raise as much as you can, as every penny you raise over the minimum sponsorship will be retained by your charity too! There will also be an Airport Tax & Fuel Surcharge contribution invoice to pay. This must be paid at 8 weeks prior to departure.

#### Payment Option B - Self Funding Option

You pay the non-refundable Registration Fee to Global Adventure Challenges. Please note, that the Registration Fee is non-refundable as it is used to administer the Challenge, and also secures airline seats and relevant permits. Eleven weeks before departure, you will receive an invoice for the Challenge Cost and Airport Tax & Fuel Surcharge contribution (as outlined overleaf). This is in addition to the Registration Fee and must be paid no later than 8 weeks prior to departure. Although there is no minimum sponsorship target, you are encouraged to raise as much as possible for your charity, should you choose to fundraise.

