

UNITED KINGDOM

Around the Clock Sailing to the Channel Islands

This is an Open Challenge itinerary; you can take part on the dates shown and raise money for a charity of your choice. Itineraries for bespoke trips (run for sole charities) may differ slightly, and will have different dates and pricing schedules.

Duration: 4 days / 3 nights aboard

Trip Grade: Moderate

Dates:

11 – 14 May 2011 9 – 12 May 2012
6 – 9 Jul 2011 4 – 7 Jul 2012
7 – 10 Sep 2011 5 – 8 Sep 2012

Payment Options:	2011	2012
Fundraising:		
Registration Fee	£99	£99
Min. Fundraising Target	+	+
	£1200	£1300
Fundraising:		
Registration Fee	£99	£99
Trip Cost	+	+
	£480	£520

Please note Registration Fee is in addition to Trip Cost / Fundraising Target

Sail across the Channel on *Musketeer*, a classic 46ft racing yawl. Built in 1962, she has the sleek lines of a classic racing boat and cuts through the waves with ease! Departing from her home port of Poole, *Musketeer* is a very seaworthy boat and takes the passage to the Channel Islands in her stride, giving you the opportunity to experience life at sea.



You will be involved in all aspects of life aboard, from changing the sails and helming to navigation and keeping the crew supplied!



ITINERARY

Day 1: Familiarisation Sail

We meet our skipper and mate in Poole and board *Musketeer*, our home for the next 4 days. We spend some time familiarising ourselves aboard before leaving port and making our way out of Poole harbour. There's a lot to learn on the first day as we start to work together as a team, sailing the boat and getting our sea legs! We anchor outside Poole harbour for the night and prepare our passage for the next day. We eat and sleep onboard and are rocked to sleep by gentle waves in the bay.

Day 2: English Channel – Channel Islands

We weigh anchor and set off across the English Channel at first light, now revelling in our new skills and team-work. As we become more experienced at working the boat we split into 'watches', taking turns to helm and navigate while the rest of the crew keeps the boat shipshape, prepares meals and relaxes! Each watch is led by one of the Discover Adventure crew and, by rotating watches; everyone gets the chance to take on different roles aboard.

The passage to the Channel Islands will take us all day and we will see many other boats as we cross one of the

busiest stretches of water in the world! If you keep a really good lookout we might be lucky and see some marine life as well; it's not unusual to see dolphins, seals and large shoals of fish in these waters! We arrive in Guernsey in the evening and spend some time in port, celebrating our crossing and re-living the day's challenges before returning to *Musketeer* and our bunks.

Day 3: English Channel – Channel Islands

After a relaxed start we have breakfast onboard before leaving port and making our way out into the waters around the Channel Islands; depending on conditions, we may get the chance to sail around the island, testing our navigational skills, before heading back across the English



Channel again in the late afternoon. The return passage takes place at night and is more demanding than the previous day's sail, but we are now working well in our watches and are completely up to the challenge! We learn some night navigation to ensure that we are safe on our crossing and approach the South coast towards dawn.

Day 4: Return to Port

Coming towards the end of our voyage, we sail along the South coast, returning to our home port and dry land. We are now experienced at working the boat in different sea and wind conditions and can react to changes quickly, enabling *Musketeer* to speed through the water. Our new skills see us becoming a true 'crew' and we arrive in Poole buoyed up by our achievements!

GENERAL INFORMATION

TOUR COST

The tour cost includes Discover Adventure professional skipper and first mate; guidance; all sail training; all meals during the 4-day challenge, and accommodation onboard the yacht while at sea and in port. Use of lifejacket & safety harness is also included, and wet weather gear (i.e. jacket and salopettes) will be provided for those who do not have any at no extra charge – please supply your size well

before departure. Please bring sailing boots and deck shoes with non-marking soles.

The tour cost does not include travel insurance, personal items or drinks while ashore, sleeping bag, soft-soled sailing shoes (no black soles) or sailing boots.

ACCOMMODATION

Accommodation is on board.

FOOD

All dinners, breakfast and lunches are included from Wednesday evening to Saturday lunchtime. The food is very good, it will give you lots of energy and there is plenty of it!



Dietary Requirements

Being vegetarian or having other dietary requirements is

ENJOY THE EXPERIENCE!

Trips of this nature, whether in the UK or abroad, can be unpredictable. Whether it's the wide-ranging state of public toilets, the people you come into contact with, or the weather ... it's all part of the challenge you are signing up for!

We can guarantee that coming face-to-face with experiences outside your normal 'comfort zone' will help you bond with your fellow sailors and provide you with plenty of things to laugh about! A sense of humour and sense of adventure are two of the most important things to bring with you!

not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply. Please feel free to ask us for advice.

VACCINATIONS

We recommend the following vaccinations:

- Tetanus (essential)

TRIP SAFETY

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with radios and emergency mobile phones, medical kit and other safety apparatus where necessary.

They always have access to our 24-hour emergency UK back-up. Our leaders are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary should local conditions dictate.

Pre-trip administration – such as compulsory medical questionnaires and travel insurance – is all done with your safety in mind.

Please contact the Discover Adventure office with any queries using the contact details below

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WORLDWIDE SUSTAINABLE TOURISM

Long before 'Responsible Tourism' became a recognised phrase, we designed and ran our trips to ensure they made minimum impact on the environment and a positive impact on the local communities we pass through. AITO, our Trade Association, has recognised the work we do in this area and has awarded us 4 stars as a Responsible Tour Operator.

Discover Adventure Projects

We are supporting a tree-planting project in Peru and a children's home in Tanzania on a long-term basis. If you would like to 'give something back' please consider donating £5 to our projects when you sign up. Please see our website for more details.

Carbon Offsetting

We encourage all our customers to offset emissions connected with their trip. You can offset at any time in the lead-up to departure by visiting Climate Care via our website and making a donation to a worthwhile project supported by them. Alternatively, if you wish to take more practical action in the UK you can volunteer for a day with BTCV and work on an environmental project local to you. Work may include construction footpaths, dry stone walling, creating wildlife habitats or planting trees in your community. Make your volunteer pledge by going to www.btcv.org/dapledge

